## JUICES & MORE 160z - 8.50 / 200z - 9.00

#### The Green Machine

Spinach, kale, celery, cucumber, apple, ginger

## Berry Berry Healthy NEW

Strawberries, tomato, carrot, orange

Cleanse Kale, spinach, beet, lemon, carrot, celery

Orange Juice Pure orange squeeze

Home Made Basil Lemonade - 4.00 / 4.50

**Kombucha -** 5.00 / 6.00 / 7.00 (on draft)

## LUNCH + DINNER 11am - close

**PANINI** Served with side of dill pickle 11.00

### **Avocado and Turkey**

Turkey breast, bacon, mozzarella, red onion, tomato, avocado, ranch

#### **Pesto Presto**

Turkey breast, mozzarella, tomato, homemade basil pesto

### **Hot and Spicy**

Chicken breast, red onion, jalapeno, black olives, cheddar cheese, sriracha ranch

### **Breezy Caprese**

Fresh mozzarella, basil leaves, tomato, red bell pepper, homemade basil pesto

#### **Chicken Tandoori**

Marinated chicken breast with tandoori spice, mint and tamarind chutney, spinach, cucumber, red onion, clarified butter

#### Classic Tuna

Tuna salad served with cheddar and tomato on focaccia with a choice of ranch, sriracha ranch, sriracha mustard or mayo

## Cuban NEW

Pulled pork, ham, chipotle aioli, mozzarella, pickled red onions on wheat bread

## WRAPS AND SALADS 11.00

ADD any protein for 2.00 - Avocado for 1.00

#### **Greek Chicken**

Chicken breast, feta, black olives, red onions, green bell pepper, cucumber, spinach, tzatziki sauce

## Cobb Salad New

Eggs, chicken, bacon, tomato, spinach, green peppers, feta, ranch

## **Hippy Dream Team**

Spinach, tomato, red onion, mushrooms, red and green bell pepper, cucumber, mozzarella cheese, balsamic vinaigrette

#### For the love of Kale

Fresh Kale, feta cheese, craisins, almonds, beets, red onion, red bell pepper, tomato, balsamic vinaigrette

#### Hummus

Lettuce, olives, feta cheese, green pepper, cucumber, drizzled with balsamic vinaigrette

#### Sir Caesar

Chicken breast, parmesan, croutons, romaine lettuce, tomatoes, olives, caesar dressing

## Berry Salad NEW

spinach, strawberry, blueberries, almond crunch, coconut flake, pomegranate Dijon vinaigrette

SIGNATURE PIZZA	12"	16"
Classic Cheese	11.00	13.00
Famous Pepperoni	13.00	15.00

### **SPECIALTY PIZZA**

Margherita 12" 15.00 / 16" 17.00
Homemade pizza sauce, fresh mozzarella, fresh basil

**12"** 14.00 / **16"** 16.00

Homemade pizza sauce, mushroom, black olives, onion, red bell pepper, green bell pepper, mozzarella topped with fresh basil

Buffalo Chicken 12" 15.00 / 16" 17.00 Smoked mozzarella, homemade creamy buffalo sauce, chicken, topped with roasted red pepper

**Meat Pizza**12" 15.00 / 16" 18.00
Homemade pizza sauce, mozzarella, sausage, ham, pepperoni, and pecorino romano

Pizza Bianca
Ricotta, spinach, garlic, pecorino romano, olive oil
ADD bacon for 2.00

## CALZONES 11.00

Homemade Pizza Sauce, ricotta, mozzarella Mix & Match your choice of any 2 meats and 2 veggies With Choice of 2 meats, 1 meat & 2 veggies, or 4 veggies

**Veggies** 1.00 (choice of any two) Black olives, jalapeño, mushrooms, pineapple, red bell peppers, green bell peppers, red onion, spinach, roasted garlic

**Protein** 2.00 *each*Pepperoni, sausage, ham, chicken, bacon, turkey bacon, pulled pork

Xtra Cheese 2.00

Gluten free crust 4.00





Panini • Coffee Smoothie • Squeeze

To-Go Menu

BARTON CREEK: 512-314-5588 2700 Barton Creek Blvd. Suite 160. Austin, TX 78735

# **RISE & GRIND**

COFFEE (Hot or	Iced)	12oz	16oz	20oz
House Coffee		2.90	3.25	
Decaf (Espresso)		3.75	4.25	
Coffee Carafe 96	<b>oz</b> 26.00			
<b>Pour Over Coffee</b>	(Single Origin)	6.00		
<b>Cold Brew</b>		3.75	4.50	5.00
Nitro Cold Brew		4.50	5.00	5.50
Latte		4.25	4.75	
Draft Latte (Iced)		5.25	5.75	6.25
Mocha		4.75	5.25	
Americano		3.75	4.25	
Espresso	3.50			
Cappuccino	4.00			
Macchiato	3.75			
Flat White	4.00			
Cortado	4.00			
Café Au Lait			3.50	4.00
Breve 8oz	4.50			
Matcha		4.25	4.75	
Hot Chocolate		4.00	4.75	
Chai Latte		4.25	4.75	
Dirty Chai		4.75	5.25	
Cascara (On Draft)		5.00	5.50	6.00

## **SPECIALTY**

Sproats & Honey (iced) 8 oz - 5.00 Lavender Vanilla Latte - 5.00 / 5.50

**Golden Latte -** 5.00 / 5.50

**Cold Fashioned** 

Nitro Cold brew, almond, vanilla, clove - 5.00 / 5.50

**Elixir - Ginger Tonic** 

Hot water, ginger, lemon & honey 8 oz - 3.00

Extra Shot - 1.25

Flavor - 50¢ Vanilla, hazelnut, caramel, mocha,

SF vanilla, SF hazelnut

**Specialty Milk** - 1.00 Almond, soy, oat, hemp

**Tea Hot or Iced - 3.75 / 4.25** 

**Tea Pot - 9.00** 

**Classic Black Iced Tea -** 3.00 / 3.50 / 4.00

**Specialty Tea** Assortment of fine teas from around the world

## **BREAKFAST**

7am -3pm Daily

Make any breakfast item vegan with our home made tofu scramble and vegan cheese for \$3 more

## Vegan Breakfast Tacos 5.00 NEW

Home made Tofu Scramble served with chipotle aoli on corn tortilla ADD vegan sausage for 1.00

## Migas 5.00 NEW

2 scrambled eggs with your choice of protein, tortilla chips, bell pepper, onions, tomatoes, cheddar cheese ADD 2 pieces of toast: 75¢

#### Croissant Breakfast Sandwich 6.99

Warm homemade butter croissant with scrambled eggs Choice of meat included

#### Sandwich #1 8.00 \*(Make it a bowl & cut the carbs)\*

Scrambled eggs, cheddar cheese, tomato, green bell pepper, red onion Choice of meat included

Choose one: homemade red or green salsa

#### Avocado Toast 8.00

Fresh Avocado, sun-dried tomato, scrambled eggs, roasted jalapenos served on our homemade wheat bread

ADD Protein: sausage, bacon, turkey bacon or ham 1.00

## **It's a Wrap!** 8.00

Feta cheese, scrambled eggs, spinach, tomato, red bell pepper, red onions served with our homemade salsa

ADD PROTEIN: sausage, bacon, turkey bacon or ham 1.00

## **SERVED ALL DAY**

SPECIALTY TACOS & HEALTHY BOWLS (2 tacos each to a portion)

**Vegan Tacos** (on corn tortilla) 8.00 Mushrooms, bell pepper, onions, black beans

**Chicken Tacos** (on flour or corn tortilla) 8.00 Chicken, cheddar, bell pepper, onions, chipotle aioli

# **HEALTHY BOWLS**

#### Bowl of Acai 9.00

Granola topped with seasonal fruit, bananas, agave, and acai

#### Pitaya Power Bowl 9.00

Granola mixed with almond milk, topped with pitaya, kiwi, bananas, seasonal fruits, and coconut

### Oatmeal 6.00 NEW

Oats served with chopped dates, cinnamon, agave, fresh berries, almond crunch

### Quinoa Bowl 10.00 NEW

Roasted spiced chickpeas, corn avocado, pickled red onions, cilantro, tomato, creamy herb dressing

#### Thai Tofu Bowl 10.00 NEW

Marinated tofu, spicy pickled cucumber, roasted sweet potatoes, almonds, brown rice, homemade almond dressing

## **SMOOTHIES**

**16oz -** 8.50 / **20oz -** 9.00

#### Clean Energy

Hemp milk, matcha, bananas, peaches, almond

#### Kailin It

Pineapple juice, kale greens, pineapple, mango, bananas

#### Super Hero

Almond milk, spinach, flaxseed, banana, strawberries, apple

## **Berry Bliss**

Blueberries, raspberries, strawberries, strawberry juice

## BlueBerry Oats NEW

Oat milk, blueberry, strawberry, steel cut oats, flaxseeds, agave

## Coffee Nut NEW

Cold Brew, almond milk, dates, bananas, almond butter

## SIGNATURE SMOOTHIES 160z - 6.99 / 20oz - 7.99

## **Strawberry Banana Soiree**

Strawberry juice, raspberries, strawberries, bananas

## **Dirty Blues**

Chocolate soy milk, blueberries, bananas, peanut butter, vanilla fro-yo

## Mad for Mango

Passion orange guava juice, mango, bananas

## **Buff Boy**

Vanilla soymilk, vanilla fro-yo, strawberries & bananas with a choice of whey or soy protein

#### **ADD-ONS**

SUPPLEMENTS - Matcha, flaxseed, soy protein, whey protein - 75¢ VEGETABLES - Kale, almonds, spinach, peanut butter, avocado & acai - 1.00

MILK SUBSTITUTION - 1.00